

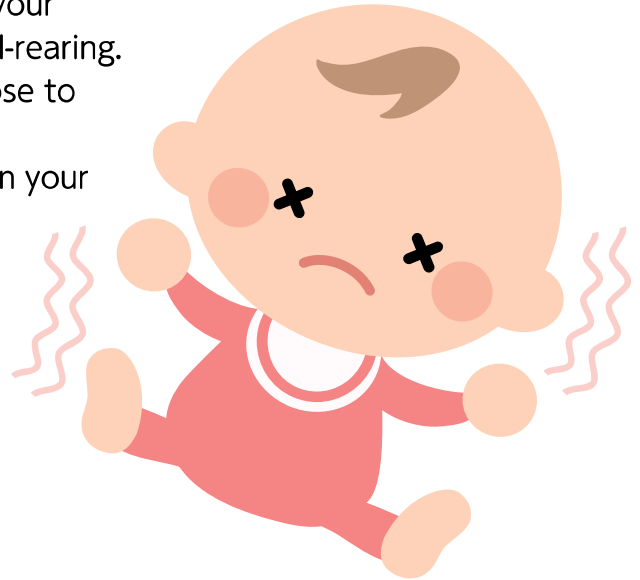
# Child Hotline



Ekkokuru Koto  
Sumire-san

A sudden fever!  
Don't they seem a little off?  
Could that be a cavity!?

There are lots of things that are outside of your expectations or that bother you during child-rearing. At those times, the doctors and dentists close to you are going to be your best friends. Please take a look for a local family doctor in your area.



## About hospitals and medical institution in Koto City that belong to the Koto City Medical Association



What kind of hospitals are there near me?  
Which clinics have pediatrics?  
Which clinics have an ear, nose,  
and throat department?

You can solve these doubts on the web site for the Koto City Medical Association.  
By selecting address and what department you want to be seen in, you can search local hospitals and clinic.  
Please make use of it.



This links to  
the Medical Association  
site.

 **Koto City Medical Association website**

URL:<https://koto-med.or.jp>

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## About dental clinics in Koto City that belong to the Koto City Dental Association



### What kind of dental clinics are there near me?

You can solve these doubts on the web site for the Koto City Dental Association.

If you select the area you live in, you can see all the dental clinics in that area in a list.

If you access the website on your smartphone, you can simply tap the phone number and make a call.

Please make use of it.



This links to the Dental Association site.

### Koto City Dental Association website

URL:<http://kotoku-shikaishikai.com>

## About the Koto City Medical Facility Map

A map of all the medical facilities in Koto City is posted as a PDF on the Koto City website.

(The information is current as of the end of February, 2020.)

Sample screens



This links to the Koto City Medical Facility Map on the Koto City website.



Contact Cancer Measures and Local Medical Cooperation Section, Health Promotion Division  
☎: 3647-5889 FAX: 3615-7171

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## When your child gets sick suddenly

### Emergency Clinic on Saturdays and Holidays

- **Patients** Emergency internal and pediatric patients
- **Open Hours** Sat.: 6p.m. - 9:30p.m.  
Sun., holidays, and the New Year's holiday (12/29 - 1/4)  
9a.m. - 11:30a.m., 1p.m. - 9:30p.m.
- **Clinics** Inside Koto Medical Association (Ishi Kaikan) 5-31-18 Toyo ☎: 3645-3109  
Inside City Resident Center 4-5-1 Ojima ☎: 3637-4531



### Weekday Nights Children's Clinic

- **Patients** pediatric (junior high school students or younger) emergency patients
- **Open Hours** Weekdays (Mon. - Fri.)  
8p.m. - 10:45p.m.  
\*Except for holidays and the New Year's holiday (12/29 - 1/4)
- **Clinics** Inside Koto Medical Association (Ishi Kaikan) 5-31-18 Toyo ☎: 3645-3109  
(Held simultaneously with Emergency clinic for Saturdays and Holidays)



### Holiday Dental Emergency Clinic

- **Patients** dental emergency patients
- **Open Hours** Sundays, holidays, and the New Year's holiday (12/29 - 1/4)  
9a.m. - 11:30a.m. / 1p.m. - 4:30p.m.
- **Clinics** Two dental organizations rotate availability for emergency medical care thanks to the Koto City Dental Association. The schedule of the following month is available on the website of the city and in the monthly municipal newsletter issued on 21st of the month.  
\*Please apply in advance over the phone to the doctor you will see.



### Request for those being seen

Those being seen in the Emergency Clinic on Saturdays and Holidays, Weekday Nights Children's Clinic, or Holiday Dental Emergency Clinic programs, please bring your health insurance card to the clinic.  
If you are unable to show it, you will pay full price.



## Medical Institution Referral Through Telephone

### ◆Tokyo Fire Department Emergency Center

24-hour advice regarding determining emergency and necessity level for medical treatment and referral to emergency medical organizations.

Contact #7119 ☎: 3212-2323

### ◆Tokyo Metropolitan Institution Referral Service “Himawari”

An automatic response system or operator will refer you to a medical organization operating at the time of contact.

\*FAX is also available for persons with audio or speech disabilities

Contact ☎: 5272-0303 FAX: 5285-8080

Please also look at the Child Health Counseling (Child Emergency Counseling) information on p. 21.

## Online Search for Medical Organizations

### ◆Tokyo Metropolitan Institution Referral Service “Himawari”

You can research medical organizations online.

URL: <https://www.himawari.metro.tokyo.jp/>



(Available in English,  
Chinese, Korean)

## Tokyo Child Medical Guide (Published by the Tokyo Metropolitan Government)

A website with information about children’s diseases and injuries, as well as information about child-rearing.

### ◆Key content

The following information regarding children from 0 years old through elementary school:

#### (1) Basic knowledge sorted by symptoms or disease

Remedies for children's fever, rash, and diarrhea, as well as symptoms and cautions for respective disease such as measles, impetigo, and asthma, are described.

#### (2) Measures for accidents and injuries

Preventive measures for accidents and actions for injuries are described

#### (3) Information on child-rearing

Information regarding common troubles for child-rearing, bodily features of children, vaccination, and health checkup are described.

#### (4) Other

Information about counseling services relating to medical institutions for children such as the Tokyo Medical Institution Referral Service ‘Himawari,’ emergency centers, and other counseling centers.



## Foreign Language Medical Information Service

### ◆Tokyo Medical Institution Information Service

Counselors can answer your inquiries about which medical facilities offer services in foreign languages and about the Japanese medical system.

○Languages: English, Chinese, Korean, Thai, and Spanish

○Hours: 9a.m. - 8p.m. every day

Contact ☎: 5285-8181

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## Other Support

### ◆Japan Poison Information Center

- Osaka Poison Emergency Hotline ☎: 072-727-2499 (Open 365 days a year, 24 hours a day)
- Tsukuba Poison Emergency Hotline ☎: 029-852-9999 (Open 365 days a year, 9a.m. - 9p.m.)
- Tobacco Poison Hotline ☎: 072-726-9922 (Open 365 days a year, 24 hours a day)

## Midwives / Midwives List

### ■About midwives and the Midwives Association

A midwife has a national license and can give professional advice and instructions about midwifery, pregnancy, childbirth, and maternal care. Midwives Associations are organizations that provide professional services for the health of mothers, infants, and families, widely benefiting the local communities. Midwives work in either hospitals or in their own private clinics.



### ■About "Hello Baby Koto"

"Hello Baby Koto" officially called "Tokyo Midwives Association, Koto Area Division (Public Interest Incorporated Association)," is a community-based group of midwives working in private clinics. For many parents today that grew up without having to help deliver babies in a nuclear-family society, pregnancy, childbirth, and maternal care are some things that are worried about. The activities of the group target such parents.

### ■Paid guidance

Birth classes / home delivery / baby baths / breast care / women's body counseling / family planning / midwife clinic delivery / day care / short stays

### ■Phone consultation is free

Counseling service: pregnancy / delivery / child-rearing / breastfeeding / infertility / menopause / adolescence / health \*All calls are strictly confidential.  
Be calm and give them a call.

Please find the list of midwives on the next page.



## If you suspect child abuse

### About child abuse

Child abuse is an act by parent(s) or guardians that hurts children physically and psychologically and impairs their healthy growth and development. Everyone who notices abuse is obliged to report the case or discuss it. If you find children who seem to be abused or a family suspected of abuse, do not suffer alone, and contact the counseling service below. The identity of the reporter will remain confidential.



### Reporting & counseling services

**Koto City Child Abuse Hotline (Minamisuna Support Center for Families with Children)** ☎: 3646-5481

Mon. - Sat., 9a.m. - 6p.m.

or

**Child-rearing Support Section, Families with children Support Division, Koto City Hall** ☎: 3647-4408 FAX: 3647-9196

Mon. - Fri., 8:30a.m. - 5:15p.m.

#### ■When it is an emergency or a child is asking for protection

**Koto Child Consultation Center** ☎: 3640-5432

Mon. - Fri., 9:00a.m. - 5:00p.m.

#### ■Night time, holidays, emergencies

**Nationwide common number for Child Consultation Centers: 189**

Night hours (5:45 p.m. - 9 a.m. of the next morning)

Saturday, Sunday, Holidays (24 hours)



#### Nearest Police Station: Call 110

Other than the contacts above, calls from other municipal facilities (nursery schools, kindergartens, and schools) are also accepted and referred to other reporting centers.

#### ■Other Contacts

**Child Abuse Prevention Center** ☎: 6909-0999

Mon. - Fri., 10:00a.m. - 5:00p.m.

Saturday: 10:00a.m. - 3:00p.m. (Closed on Sundays and holidays)

**Youth Phone Counseling (Police Department Counseling Services for Juveniles)** ☎: 3580-4970

24 hours

### Corporal punishment is not allowed.

#### Build a society with no corporal punishment

Recently tragic events of children losing their lives occur one after another. Among them, there are cases where guardians abuse their children as “discipline” resulting in children’s deaths. Based on the above fact, the amended law of Child Welfare Act, etc. prohibits corporal punishment of children, and the law was enacted on April 1 2020. To realize a society with no corporal punishment of children, each of us shall change our attitude, support child-rearing guardians and expand child-rearing without corporal punishment in the whole society.

#### (Examples of corporal punishment)

○Slapping on the cheek because children won’t listen to the repeated warning by words.

○No evening meal given to children who don’t do their homework, etc.